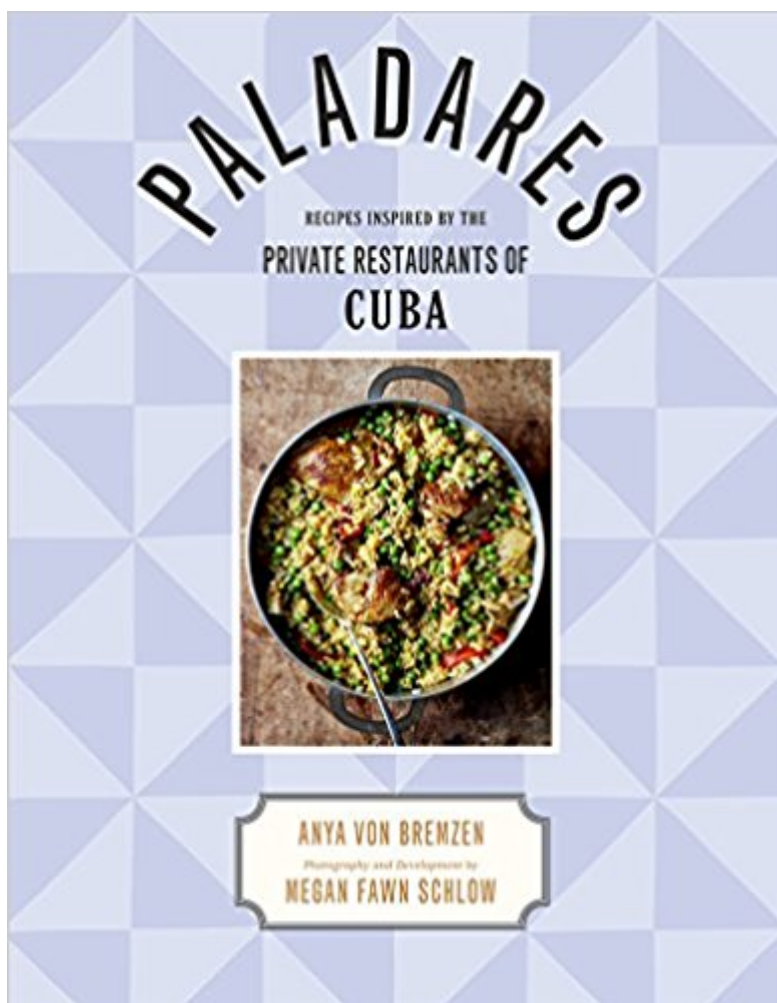The book was found

Paladares: Recipes Inspired By The Private Restaurants Of Cuba

Synopsis

Cuba is experiencing a cultural and culinary renaissance. With a recent influx of investment and tourism flooding the country, paladares (private restaurants) are on the forefront of change. This is the first book to tell the story of Cuban cuisine through the lens of the restaurant owners, chefs, farmers, and patrons, while examining the implications of food shortÂ- ages, tourism, and international influences of a country experiencing a paradigm shift in cooking. Filled with 150 authentic and modern recipes adapted for the home cook, from classics like Ham and Cheese Empanadas to Pumpkin Flan with Spinach and Saffron, and 350 vivid color photographs, Paladares brings the countryâ ™s spirited cooking into your own kitchen. Â

Book Information

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Customer Reviews

Anya von Bremzen is a James Beard Awardâ "winning cookbook author, food historian, and travel writer.Megan Fawn Schlow is a photographer, recipe developer, and food stylist whose work has appeared in the New York Times, Bon AppÃ©tit, and other publications. They both live in New York City. Â

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